



e-News Update

Croeso Welcome

We are really pleased to be able to share this up-date, full of news, events and funding opportunities.

Bwyd Abertawe is a network of members involved and interested in sustainable, nutritious, regenerative food systems serving Swansea.

Thank you for your support!



Community Supported Agriculture

You may already be aware of Community Supported Agriculture (CSA), a model of farming that is a partnership between farmers and consumers. Swansea and Gower are blessed with a number of new and well established CSA's, increasing access to organic, fresh food for local people.

The photograph above is from Big Meadow CSA, Llangennith, which currently has **spaces available for new weekly veg-box customers**. Some customers form neighbourhood rotas to collect each other's veg-boxes. Also, Big Meadow has **space for volunteer's at the field!** Contact Abbi if you would like to know more about becoming a customer, or are interested in volunteering. All email <u>enquries: bigmeadowcsa@gmail.com.</u>

We will cover local CSA ventures in more detail within a future edition. Meanwhile, keep up the good work and diolch yn fawr iawn to all the growers out there!

If you would like your food project featured in a future edition, please contact us via email: <u>bwydabertawe@gmail.com</u> with 'Story for e-News' in the title, and we will be in touch.

Swansea Festive Green Fair 2022

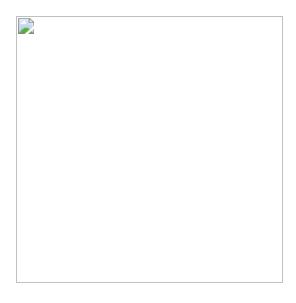
The Green Fair will be **open 10am - 4pm Saturday 19th and Sunday 20th November**, at The National Waterfront Museum, SA1 3RD. The event is free entry and will be packed full of environmentally friendly, organic, fair trade, recycled and locally produced goodies. Previous Green Fair stall holders have included unique sea glass jewellery, original greeting cards and prints, beautiful bags made from material offcuts, temptingly tasty sweet treats, handmade Christmas decorations and more!

Bwyd Abertawe are looking forward to attending again this year. Come to our stand, talk with Bwyd Abertawe volunteers and find out more. We are also really keen to hear about the interesting, inspiring and nourishing things you might be involved with related to food in Swansea!

Other Events...

Bwyd Abertawe is keen to promote events and projects related with sustainable food! Connect with us on Twitter or Facebook (links below), so that we may share your promotions. Also, please email us to let us know what you are up to (with 'Spread the word' in the title), and when possible, we will include within the next e-News, seen by 300+ Bwyd Abertawe members across Swansea's food network.

Click on the events you are interested in below, to find out more!



An independent conference

Wales Real Food and Farming Conference

Book now for the fourth **WRFFC 23-25 November, in Lampeter**. Our guest speakers Sheila Dillon of BBC Radio 4's Food Programme, Alun Elidyr the presenter of Ffermio, and author Jon Gower will open both dates, followed by a full programme of talks, workshops and discussion. Topics such as agroforestry, local food partnerships, Community Supported Agriculture, school meals



Food For The Region

Regional Food System Conference (online)

Book now for **RFSC**, **South West Wales 29-30 November.** None of us can transform the regional food system on our own, but by working together with the right vision and level of ambition, our region can lead the way in Wales and the World. Following the first Regional Food Conference for South West Wales in October 2021, we are coming back together to share procurement, farm profitability, the seeds system, soil science, and systems thinking in education and government. Plus much more! With evening entertainment from Owen Shiers and others. **Book here.** Twitter: @wrffc22 updates on all things relating to growing, producing, distributing, sharing and caring about food in South West Wales. **Book** here. Twitter: @4theRegion

Oxford Real Farming Conference 4th-6th Jan 2023

COP27 Event Videos and Articles

With funding from Sustainable Food Places, Bwyd Abertawe is hosted by The Environment Centre in Swansea.

Click the logo to find out more about each organisation:

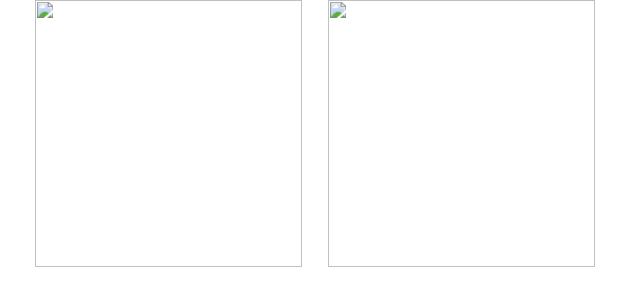




The Environment Centre and Swansea Council are currently holding a consultation, to help identify the kinds of environmental action that community groups and organisations are interested in taking. The survey is for any community focused groups and organisation (including volunteers). Thank you for completing and sharing! Deadline 27th November.

The purpose of the survey is to help identify how future funding and resources for Swansea environmental action, could be best used in providing support and solutions to challenges.

Your feedback is greatly appreciated, thank you!



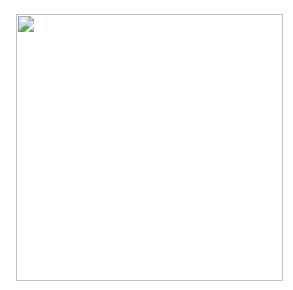
Community Survey

Arolwg Cymunedol

Bwyd Abertawe

New Project Coordinator

Thanks to the dedication and hard work of the Bwyd Abertawe Interim Steering Group, Bwyd Abertawe now has support of a new part-time project coordinator, funded fixed term by <u>Sustainable Food Places</u>.



Helo! Gan gydlynydd Bwyd Abertawe.

My name is Mary, and I'm really pleased to be the new project coordinator for Bwyd Abertawe. I have a keen personal interest in the significance sustainable food has - for everyone's wellbeing, environment and bio-communities, and sustainable-ethical economics. I am very much looking forward to connecting with local growers, producers, procurers and consumers. I have a life-long connection with Gower, and my grandfather was born and raised in Swansea. So, it gives me huge joy to support Bwyd Abertawe's development! If you would like to contact me about your food project or business making links with Bwyd Abertawe, please email: bwydabertawe@gamil.com.

Voluntary Opportunity.

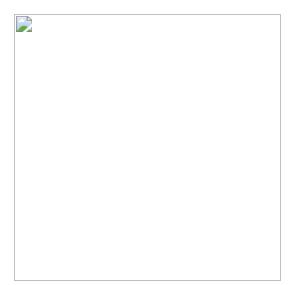
With development of the Bwyd Abertawe Steering Group and wider network activity, there are opportunities to volunteer for some administrative and

communications duties. Please contact the new project coordinator (Mary, email above), if you are interested in an informal discussion.

Paviland Farm, Gower

Market Garden Rental

Opportunity for grower/s, passionate about growing local foods for local markets, and helping food and farming become more sustainable. If you would like more information or an informal discussion contact: Louisa@pavilandfarm.co.uk



Also...

Funding Opportunities



Swansea Council

Swansea Direct Food Support Fund

Swansea Council has received funding from the Welsh Government to offer organisations help to meet the increased demand for crisis food provision in Swansea. Charitable or voluntary organisations, those with charitable objectives and not-forprivate-profit organisations are eligible to apply.



The Resilient Green Spaces programme

Land Purchase Support

Resilient Green Spaces partnership, is launching an opportunity to apply for up to £100,000 towards the purchase of farmland, that will be used for community benefit and to provide new and ongoing opportunities for new entrant agroecological farmers.

Funding Support via SCVS

Diolch am darllen!



Bwyd Abertawe

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